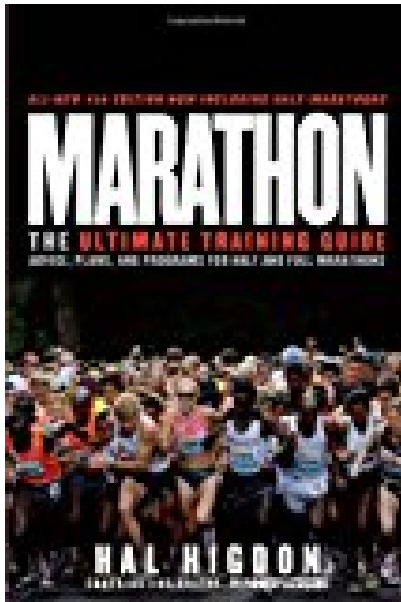


Marathon The Ultimate Training Guide Advice Plans and Programs for Half and Full Marathons



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